



Career Crisis (Career Change, Redundancy or Development) - Options Menu

1. One off 'Power hour'

£99

A one-off session delivered via Zoom (40 mins and then I'll send further info/advice), to help you get results and fast. I may ask coaching questions, but really the focus is helping you move forward quickly, by giving you direct advice and guidance to set you on the career path to success. This may include 'blue sky thinking' or direct tips and advice on getting a successful job search off the ground. This may be particularly useful if you need to secure another role quickly, or if you're finding you're not having much success with your applications or interviews so far.

2. Career Coaching and Guidance

£120

Ongoing career coaching or guidance sessions, where we can work together to help you achieve your career goals. We'll work on anything career related you want, to help you plan and move forward; anything from job searching to interview tips or getting a better grasp on where you want your future to go.

I also support clients who are not looking for a career change, but require support in career planning, with a learning and development or career advancement strategy.

Priced per one hour session, delivered via Zoom. No minimum/maximum number of sessions - we'll work around whatever is helpful for you. We start by having a free/no obligation chat to check what you're hoping to achieve and if we're the right chemistry 'fit' for each other. I'll then send you a pre coaching preparation form, so I can gather more information on what you're looking to do, before starting the coaching. The coaching will be in a format of whatever works for you! Sometimes it'll be coaching, sometimes more direct guidance. Sometimes I'll ask questions, sometimes we'll use tools to help your voyage of discovery. That could be anything from a conversations about Myers Briggs (MBTI) and what you can learn from that.

If you are also looking for training on your skills, contact me to discuss the price options for that.

3. Myers Briggs Type Indicator (MBTI) questionnaire/coaching session

£200

MBTI is a world-renowned psychometric profiling tool. It doesn't measure your personality or 'put you in a box' but what it does do, is suggest what your preferences are for how you interact with the world. This is about how you like to take in and process information and then act on that. It tells you your strengths and possible blind spots, either in general or relating to specific scenarios e.g if you're in a Leadership position. Is particularly useful if you are considering career change or development.

You will be sent a link to complete a questionnaire, takes approx. 20 mins to complete, I am then sent the results. We then have a one hour coaching session to go through the MBTI profile and your reflections on your results. A lot of what I charge for with this is down to the cost of the report.



4. Stand alone CV and LinkedIn Review/Update Services

Gold

£199

- Information will be taken from you at the start (via email, phone or Zoom), to find out a bit more about the roles you are looking for.
- Review CV and make changes (you'll also be provided with an explanation overview of changes I've made and why and any relevant further tips on other adjustments you may wish to make).
- LinkedIn profile review and suggestions
- Cover letter top tips
- Application top tips

Silver

£149

- Information will be taken from you at the start (via email, phone or Zoom), to find out a bit more about the roles you are looking for.
- Review CV and make changes (you'll also be provided with an explanation overview of changes I've made and why and any relevant further tips on other adjustments you may wish to make).
- LinkedIn advice and suggestions

Bronze

£99

- Information will be taken from you via email regarding your requirements.
- Review of your CV OR LinkedIn profile, followed by some basic changes and top tips/advice on further changes you may wish to make.

5. Diamond Career Package

£500

- Gold CV package
- 3 hours of Career Coaching

If you are currently not working and worried about investing, at a time when you have a keen eye on your finances, then please do get in touch. I can assist you with a payment plan to spread the cost.

If you are new, or returning, to the world of work, you may also be interested in my Talent Transformation Programme. Please look at my website, www.thetalentcycle.co.uk, for more information.