



The Career Change Package

Module 1: Self- evaluation

You complete a pre-coaching questionnaire which asks you to reflect on what you want to achieve and assists me with tailoring the programme to your needs.

30 min introduction call (via Zoom) where we get to know each other and discuss further your goals and next steps for the programme, including information on your career audit.

You complete a career audit using the information and materials I provide.

You add this information and your learning so far, into your very own Talent Career Plan (I will brief you on this).

Module 2: Career Decisions

60 min coaching session
We review what you have discovered so far from your career audit, brainstorm early ideas and discuss whether you should put up, develop up or move on.

You start to complete an ideal job 'check list'.

You keep using your Talent Career Plan to review progress, reflect on options and plan for the future.

Module 3: Value you'll add

60 min career coaching session
Review strengths and skills and how transferable they are
Address any challenges/blockers and limiting beliefs
'What I bring' activity.

You keep using your Talent Career Plan to review progress, reflect on options and plan for the future.

Module 4: Research

You complete a 'possibilities pack' with a number of questionnaires and activities asking you to reflect on what some of the options might be and review your requirements in a job.

60 min career coaching

What *could* you do?
We brainstorm what the career options could be and how you could get there.

You keep using your Talent Career Plan to review progress, reflect on options and plan for the future.

Module 5: Personal brand

60 min career guidance session where we'll look at the more practical aspects of managing a job search project including CVs & applications, cover letters, LinkedIn, interviews and your personal brand.

You keep using your Talent Career Plan to review progress, reflect on options and plan for the future.

Module 6: Action plan

30 min final coaching session
Wrap up all the final bits of learning, I answer any last questions you have and we look at your action plan and how you 'be your own coach' going forward.

Complete your Talent Career Plan, with full details of what you'll do and how you will hold yourself to account as you move forward to your exciting new career.

**All of this for the small
investment of £595**

Email:

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to book now.

